

Newstead NewsFriday 15 September 2023

Headteacher's Update

I can't believe how quickly this first full week has gone - time is flying by! I've noticed already that it's a little bit darker in the morning when my alarm goes off and the same is true at the other end of the day with the nights starting to draw in.

My assemblies this week have focused on how people become successful and the importance of maintaining vision and living up to your values on your journey.

Every individual student at Newstead is on their own pathway which is unique to them. I shared in assembly the range of university courses and destinations of our outgoing Year 13 students, along with the range of other routes students took, such as gap years, employment, training courses and degree apprenticeships.

Whilst we hope everyone's journey will be 'straight and flat', we all know that this is rarely the case. There are going to be bends and meanders, the odd dead end and a bit of back-tracking, along with humps, bumps, mountains and valleys. If young people establish their vision, their picture of their future, it will help them to maintain focus and direction.

Given the trials and tribulations that may come their way, when young people have a clear vision of what they want to happen, they can make better decisions.

We all know that challenges are inevitable. When they run into a wall or a hurdle, they need to know which way to go. Vision provides them with something to look forward to and always work towards. It provides them with a reason to keep going, even when the times get tough.

Having a vision places a purpose upon their goal-setting activities. Without an end goal or destination in mind, then young people won't have a clear or defined path. Vision provides this. Do ask your daughters/sons this weekend about their vision of themselves for the future, and maybe share the vision you had when you were their age.

To achieve their vision or goal, they can start by setting small, attainable goals as stepping stones. Each relatively little bit of success will help to continue propelling them forward on their bigger journey. At the start of a new school year, it's important that students get into good habits and that they 'sweat the small stuff' as it will make a big difference longer term.

Young people's values will also help them along their journey. These are the things that they believe are important in the way they live and work.

Deep down, our values are probably the measures we all use to tell if our life is turning out the way we want it to. Even on a bad day at work or school, if we can say we've lived up to our values, then that's a good thing. If we've been kind, or a good friend, or done something for the community, then we can feel proud and happy in ourselves. And then, completing the circle, we know that happier people are more likely to be successful.

Last term we undertook the task of reviewing and updating our school values. We undertake this exercise every 4-5 years and we spoke with students, parents, staff and governors as part of this development. Thank you to everyone who provided feedback, either in person or via the online questionnaires. We have taken all feedback on board and I am pleased to be able to share our updated Values Statement which, we all feel, defines our principles at Newstead Wood School:

We value, share and celebrate:

- a passion and enjoyment for learning underpinned by intellectual challenge and academic curiosity
- strength in diversity, open-mindedness, and respect
- spiritual, moral and cultural dimensions of our global community
- **leadership and character** development for all
- working in partnership with parents and carers, and the local, national and international community
- all achievements at school and beyond
- creativity, innovation and ambition in our ability to actively improve ourselves and our future
- a safe and kind environment to build confidence, resilience, belonging and wellbeing
- each individual for who they are and who they can become

These values will help to guide us over the next five years as we continue to *Grow in Strength* and achieve even more successes together.

Wishing you a good weekend,

Alan Blount Headteacher

Dates for your diary

Monday 18 September Website/Prospectus photo shoot around school

Tuesday 19 September School Photographer – Individual photos

Wednesday 20 September Year 10 Curriculum Evening – Making the most of the GCSE years

Friday 22 September Selection Test Day – School closed to students

Thursday 5 October Year 12 Curriculum Evening – Welcome to Sixth Form!

Wednesday 11 October Year 11 Curriculum Evening – Building Momentum to GCSE

Monday 16 October Flu Vaccinations Y7-11

Wednesday 18 October Sixth Form Open Evening for students new to Newstead Wood

23-27 October Half Term Break

Monday 30 October CPD Day – School closed to students

Wednesday 1 November Year 13 Curriculum Evening: Key messages for A Level success

5-17 November Y11 Mock Exams

Tuesday 14 November Learning Together Forum

Thursday 23 November Sixth Form Open Evening for current Newstead Wood students

Thursday 30 November Year 13 Parents'/Carers' Evening

Tuesday 5 December Year 8 Curriculum Evening – Studying for Success in Year 8

21 December-2 January Christmas Holiday

Around Newstead

Photographers in School

We have a photographer coming in on Monday to take photos for the website and prospectuses. We'd be grateful if you could take extra care that students are looking tidy in full school uniform. Students in Y7-11 will only be included in photos if they are happy to be and if we have parental permission already recorded on our system. Sixth formers are able to give their own consent for photos — if you do not want your sixth form child to be photographed, please make sure they are aware of this so that they do not volunteer to be photographed.

Individual photos of students will be taken by the school photographer on Tuesday. Students in all year groups should wear school uniform, even if they have PE that day. Students with PE on Tuesday should bring in their PE kits and they can change for their PE lesson.

Royal Parks Half Marathon

Mrs Brazier, Head of Year 7, is running the Royal Parks Half Marathon in October to raise money for Cancer Research. It is a charity very close to her heart and one she has done lots of fundraising for in the past. This year, she would like to smash her previous successes and raise as much as possible for this worthy cause. Cancer affects 1 in 2 of us and causes so much heartache - all donations however small make a difference and are greatly appreciated. Mrs Brazier would be deeply grateful for any support you can offer. You can sponsor her here.

'Oliver!' Do you want More?

We are very excited to announce that the school will be staging the musical 'Oliver! in January 2023. The dates of the performance are 24-26 January 2024.

Any student from Year 7 to 13 can be a part of this whole school extracurricular event.

If your child would like to have a performing part in this production, either as a main character or as part of the chorus, they need to come to a meeting next Monday 18 September at 1.30pm in MB1. In this meeting we will let students know what they need to do for their auditions and give details of the time commitments involved.

Auditions will take place next week on Wednesday 20 and Thursday 21 September 3.45-5.00pm in MB1. Students only need to choose and attend one audition date. Students can leave once they have done their audition. Rehearsals will mostly take place on Tuesdays, Wednesdays and Thursdays after school until 5.00pm; time commitment on these days will depend on the size of the role.

If you have any questions please email the director, our Head of Drama Mr Stokes, at mstokes@newsteadwood.co.uk.



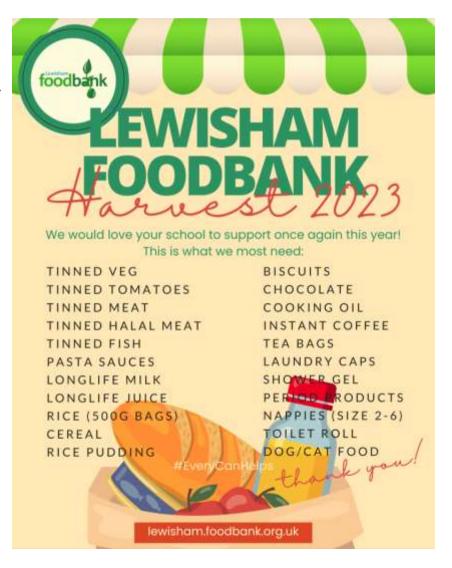
PE Clubs Timetable

Autumn 2023 Clubs Timetable

i i	Monday	Tuesday	Wednesday	Thursday	Friday
School Field		Mr Muresan Year 7 Football Mr Daley Year 8/9 Football	Mr Muresan 6 th Form Football	Mr Williams 10/11 Football	
Netball Courts	Mrs Eason Year 8 Netball	Mr Williams (2 nd half term) Rugby (tbc)	Mr Williams and Miss Roots Year 7 Team Netball	Miss Roots Year 11 and Sixth Form Netball	Mr Daley, Mr Bournat and Mr Muresan Year 9/10 Netball
Sports Hall					
Downstairs Drama Studio					Jack Petchey Dance - Year 11
Tennis Centre	Miss Roots/Sixth Form Helper Badminton Year 7	Mr Bournat/Mr Williams Badminton Year 10/11	Mrs Eason Badminton Year 8	Mr Daley Badminton Year 9	Ms Le Roux/Ms Bongout Badminton Sixth Form
After School		FIXTURES	FIXTURES	FIXTURES	

Food Bank Harvest Appeal

We are collecting donations for Lewisham Foodbank. Please bring your donations in <u>on</u> **Friday 13 October.**

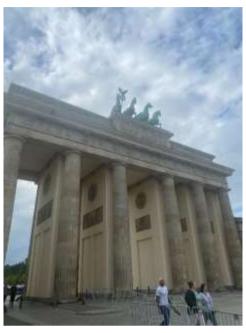


History Trip to Berlin

Our GCSE History students have been enjoying a fascinating visit to Berlin.









Year 9 ArtYear 9 created lidded jars inspired by the work of Hannah Lim.

















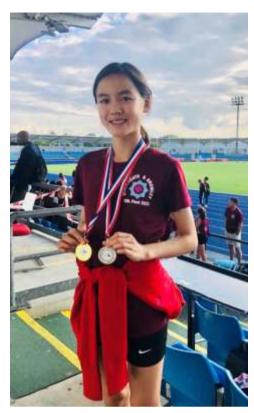


Year 12 Art
Year 12 did some great drawing from life.



Congratulations to:

- Sophie T (9S) and her teammates who helped her club, Blackheath & Bromley Harriers, win the Youth Development League's National Finals 2023 in Manchester. This is the highest level of inter-club athletics in the country. Sophie took gold in U15 long jump and silver in 800m.
- Lettie W (10W) who achieved Grade 4 Guitar with merit.
- Sofia G (9F) who achieved Grade 4 Guitar with merit.
- Josh M (13W) who achieved Grade 8 Guitar with distinction.
- Priyanka K (8W) who won the 'Travel the World Through Literature Competition'. She read 17 books set in 12 different countries over the summer holiday! Priyanka wins a £5 book token.
- Abigail W (10K), Zam B (10P) and Sophie T (9S) who won Gold in the U15 4x200m at the Kent Relay Championships held in Ashford on Sunday 10 September.





- Lily G (11F) who competed in the sprint hurdles over the Summer and achieved Bronze at both the South of England Championships and the English Championships for her age group, in which she still has another year to compete!
- Georgina C (13N) was highly commended for her entry to the Mary Renault prize on art depicting the Hades and Persephone myth.
 She was invited to tea at St Hugh's College to celebrate her achievement.
- Olivia M and Reika L (8S) who brought home medals from the Kent Restricted Juniors U14 badminton tournament on Sunday. Olivia won gold for girls singles and girls doubles, and Reika won bronze for girls singles and silver for girls doubles.
- Bhumiekaa B (11S) who has been selected to be part of the Youth Advisory Panel 2023-25. She also achieved the Lamda gold medal in public speaking.



We're keen to celebrate students' successes outside school – please email us with any achievements at news@newsteadwood.co.uk.



Alumnae News

Kasia Mielniczuk left Newstead in 2017 and is now a Combat Medic in the Ukrainian military. Last year she started volunteering and providing logistical aid for the Ukrainian war. Over the past 6 months, she has been working as combat medic and instructor for Ukrainian GUR (Military Intelligence) and is one of the first women to be in that position in Ukraine's history. Since then, she has had interviews with Ukrainian media, and been featured on The Telegraph and The Economist:

- <u>The Telegraph</u> Kasia is on the front cover of the article.
- <u>The Economist</u> Report on the realities of hospitals during the war (features the hospital where Kasia worked for some time)
- YouTube Interview
- Her 'Work' Instagram





Languages News

Word of the week

Answers to this week's words of the week:

French: la santé - health

German: die Einwanderung - immigration

Spanish: churrería - churro shop

Chinese: 狗 - dog

Japanese: 日本 - Japan

Latin: diligenter - diligently, carefully

Next week's words are:

French: la canicule

German: der Flughafen

Spanish: churrera

Chinese: 美丽

Japanese: おもしろい

Latin: iubere



The African Caribbean Education Network (ACEN) is a national network of Black parents, students, teachers, and professionals seeking to improve experiences and access to top educational institutions and workplaces for Black students. In the past, our focus has solely been on independent & grammar schools, however, with racial equity via systems change at the heart of what we do, we are expanding our focus to include all top academic institutions, as these are the spaces where Black students are typically underrepresented. In acknowledgment, this then impacts on underrepresentation in top universities, and the workplace thereafter.

Registration is now open for the ACEN annual anti-racism conference, the only school-focused anti-racism event designed and delivered by **teaching staff**, **academics & students**

Date Friday 6th October 2023

Location: City of London School, 107 Queen Victoria St, London EC4V 3AL

Times: 9am - 4pm - Teaching Staff & Heads

4pm - 8pm - Students (Y10-13)

Evening component for students

With **students** being the focus of the conference, we will also be **running an evening component for them.** The aim is for them to be inspired, share, network and interact with corporate partners offering work experience, graduate schemes, and other initiatives specifically for African Caribbean heritage students, in acknowledgment that these students are underrepresented in these spaces. Our speakers and workshop facilitators include:

- George The Poet | Spoken Word Poet, Author, Podcast Host
- Sagan Daniels | Youth Inclusion & Community Programme Director, Co-founder of the Ruby Blacklist
- Abmimbola Johnson | Human Rights Barrister and Chair of the Police Independent Scrutiny & Oversight Board
- Lavinya Stennet Founder & CEO of The Black Curriculum

The event is open to students in years 10-13 and student tickets are free.

For more information and to book a place please contact Mr Daley (tdaley@newsteadwood.co.uk).



Newstead Wood School Parents' Association News



To all the new arrivals: A warm welcome to Newstead Wood School from the Parents' Association! All parents and guardians of Newstead Wood students automatically become members of the NWPA. We aim to enrich the school community by helping at school events like plays and open days; providing practical services, like the secondhand uniform sales; encouraging parents to support each other through social events and the individual class WhatsApp groups; and running fundraising activities like the Year 7 disco and the Family Quiz. We look forward to you joining us!

To those returning: Welcome back!

Please get involved! The calendar is filling up with events already:) If you have any questions about the Parents' Association, would like to know how to join your class parents' WhatsApp group, need information on uniform, or would like to volunteer to join one of our teams, please get in touch at pa@newsteadwood.co.uk Looking forward to a great year at Newstead!

Monday 25th September

PA meeting on zoom 7-7.45pm

Thursday 5th October

Uniform sale 3.15-4pm (Volunteers needed 2.30-4 please)

Y12 welcome evening 6-7pm (Volunteers from 5-7.30 please)

AGM 7.30-8.15 in person

Y7/8 Disco: suggested dates were Oct 19th, Nov 9th, Nov 16th (Volunteers to organise please)

Tuesday 5th December

Uniform sale 3.15-4pm (Volunteers needed 2.30-4 please)

Y8 curriculum evening 6-7pm (Volunteers from 5-7.30 please)



Revision books, uniform, PE kit: for sale from the PA Hut on

Thursday 5 October 3.15 - 4pm

Tuesday 5 December 3.15 - 4pm

Volunteers are needed from 2.30pm to 4pm

Great condition... great prices... great for the environment...and great for the school!

Jumpers (£3 each/2 for £5), 6th form blazers (£5), Skirts (£3/£4), shirts (£2 each, 3 for £5), trainers and astroturfs (£3), umbrellas (£1) and other items are also available, plus textbooks and revision books (£2 each, 3 for £5) in many subjects. Payment by cash or card.

VOLUNTEERS to help for an hour or so occasionally would be very welcome, please email pauniform@newsteadwood.co.uk for more information. No special skills needed, all training given!

DONATIONS of uniform, PE kit, coats etc. all welcome and can be left at reception anytime. Please remove or cross out names if possible and label the bag 'donations'. Thanks very much for all the donations we've had so far; keep them coming!

Thank you for your support as we help the school, help the environment and help you with your shopping!



The PA are excited to announce that we have teamed up with Stikins to offer parents the opportunity to purchase quality labels for your children's school uniform, whilst earning the school commission at the same time! This money can then be used to continue to help purchase some of the fantastic resources that benefit our children's learning.

As we all know, lost property is a problem in all schools and I am sure we are all familiar with our child, at some point, coming home from school with a missing item. As parents, we are aware that time is precious, which is why we think these labels are such a great idea; they simply stick onto the wash-care label of clothing. They can even be used in shoes! Naming of clothing is a school requirement and we are hoping that with this opportunity we can start to eliminate some of parents' frustrations that surround these issues.

How it works:

Each order placed quoting the school reference number **14318** will provide the school with 30% commission. If you use the link on our school website's Uniform Page to order your labels online, the number is filled in automatically for you!









Pathways to Law

Are you in Year 12? Are you interested in law?

- Law master classes
- Work placement
- Residential conference
- University advice and guidance workshops
- Inner Temple Workshop
- Mentoring scheme

For more information speak to your Head of Year 12 Visit www.suttontrust.com/our-programmes/pathways-to-law

Deadline for applications: Monday 23 October 2023 09:00AM







in Banking and Finance?

Are you in year 12?







Pathways to Banking and Finance







Pathways to Banking and Finance is an access programme taking place across two years for students interested in studying a finance-related degree or a career in the financial sector. Students will attend regular, engaging and hands-on activities including lectures, seminars, an industry insight day and university guidance sessions. Students will also have the opportunity to apply for an undergraduate mentor, a National Conference in the summer and for a work placement at a financial firm.

Application deadline Monday 30 October 2023 at 09:00AM

Speak to your Head of Year 12 or visit www.suttontrust.com/our-programmes/ pathwaysto-banking





What Parents & Carers Need to Know about

Live streaming involves broadcasting and watching videos online in real time, often on social media or via platforms like YouTube and Twitch. Viewers can interact through comments, chats and reactions during the broadcast: such instant engagement makes this an exciting way to share experiences, learn from others and build digital communities. Despite the many positives, live streaming also creates a potential platform for unsuitable content and poses some risks to children: it's essential to keep privacy and careful a sind and comply with each site or annie can restrictions. safety in mind and comply with each site or app's age restrictions.



LACK OF AGE VERIFICATION

WHAT ARE

THE RISKS?

10

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DISCLOSING PERSONAL INFO

ANYTHING COULD HAPPEN



でま% UNAUTHORISED RECORDINGS

ROGUE CONTENT CREATORS

DANGER OF GROOMING

Advice for Parents & Carers

PUT PRIVACY FIRST

MANAGE MULTISTREAMING

GET INVOLVED YOURSELF

TALK ABOUT LIVE STREAMING



CONSIDER THEIR ONLINE REPUTATION

Meet Our Expert









f /NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Contact us and keep in touch

General email enquiries <u>office@newsteadwood.co.uk</u>
Attendance reporting <u>attendance@newsteadwood.co.uk</u>
Need to contact a subject? Email the subject name e.g. <u>science@newsteadwood.co.uk</u>

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Follow us on LinkedIn

Easyfundraising

Help out when you check out! Support Newstead Wood School Parents' Association http://www.easyfundraising.org.uk/newsteadwoodschool

Thank you to all of you who are supporting the school through a monthly donation – if you still haven't got round to setting this up, forms can be <u>found here</u>. And thank you to all of you who are supporting the school library through our <u>Amazon Wishlist</u>.